

Scrap Resource 2010

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Welcome!

Hello and welcome to the 1st edition of The Settlement's new Scrap magazine. Please tell everyone about our useful online resource and share thoughts, treats and fun stuff.

Packed with useful information and ideas we are always on the lookout for new input from interested people like you!

Community Arts?

Community Arts is a way of describing creative activities that bring people together in their communities and that give people the opportunity to gain new skills and new opportunities.

Community Arts works to nurture the potential that exists in all communities to be creative and to find a voice to express their concerns through and using the Arts.

Community Arts is a term embracing all those activities which involve groups of people doing creative things together.

What differentiates Community Arts, say, from amateur arts or the professional or commercial arts, is that:

- It promotes participation, regardless of the existing level of skill or talent
- It is undertaken by a group who either have the same collective identity, or a goal greater than the art form itself, or both
- It is developed primarily to provide opportunities for people who through economic or social circumstance have little access to the means to participate in the Arts

Webster Med.; 1997; Finding Voices, Making Choices

Scrap Store Etiquette for Collecting...

You can make as many visits as you like

You can collect an unlimited quantity of most materials – within reason!

Some items in short supply may have a limit per group to ensure they are shared around but if a limit is not adequate for your needs please talk to the team

Help the environment...think before you take a plastic bag... Recycle and use your own carrier bags or use the cardboard boxes available

We are always looking for more donations – if you have something to offer that isn't on the list please ring us and see if we can accept it.



Scrap Membership

Joining:

It's quick and easy to join, just fill in the membership form which includes prices for membership and send it back to us or bring the first time you come.

Membership benefits:

- Access to low cost creative resources
- Access to worksheets and books
- Advice on setting up, delivering and developing arts related workshops
- Free quarterly newsletter sent directly to you, packed with worksheets etc
- First to know about Free workshops and events
- Advertising space within the Magazine
- The knowledge that you are helping divert waste from landfill!

Materials List

Paper/Foil

Coloured Rolls

Newsprint

Foil

Card

Tubs (various)

Bottles

Film Canisters

Fabric

Carpet Yarn

Carpet

Spools

Curtain Fabric

Curtain Samples

Cotton Fabric

Tape/Webbing

Felt

Hessian

Lace

Lining Fabric

Nylon Waterproof

Nylon Off-cuts

Padded Fabric

Webbing

Wool Fabric

Carpet Fibre/Fleece

Upholstery Fabric

Leather Scraps

Thread

Wadding

Miscellaneous

Bra Straps

Beer Tubing

Bottle Tops

Buckets

Lids

Confetti

Cardboard Cores

Coat Hangers

Cellophane

Filters

Foam

Foamex

Hook & Eyes

Plastic Strips

Polystyrene

Perspex

Silver Bubble-wrap

Seat Belts

Net bags

Paint

Tiles



Latest gossip:

Party Time:



We provide the venue, activity and party packs, all with an environmentally friendly approach.

Creative parties for all sorts of occasions from birthdays, Christmas, Halloween or fun holiday crafty parties.

Running for 2 hours - the first hour is dedicated to a creative activity based around party theme with the next ½ hour packed with party games - then party food time!

£100.00 for up to 15 children with non refundable deposit of £30.00 payable to confirm booking.

Previous themes included fairies, fairytales, Star Wars, Dr Who, pets, Summer, dolphins, under the sea, butterflies, monkeys, Spiderman, High School Musical, trains, dinosaurs and many more!

Two Settlement staff will deliver the session but at least one responsible adult **MUST** stay with the children at all times during the party and assist with the activity.



For more information and available dates, please contact the centre by emailing donaldson0@live.co.uk

Workshops & Training

We can run arts workshops tailored to your requirements. From arts activities for children to arts training for adults.

You tell us where, when and for how many ... and we supply the rest!

Here are just a few suggestions:

Junk Musical Instruments

Crafts

Puppets

Mosaics

Murals

Want to Promote an Event or Activity?

You are welcome to promote your events and activities in our Scrap magazine. We offer the space free as part of your membership service. Please send details to donaldson0@btinternet.com

Funding news:

The Settlement has secured funding from The Cumbria Community Foundation to run a series of environmental sessions and events throughout 2010. Keep your eyes peeled for upcoming dates and events.

If you are interested in helping with event planning please contact The Settlement for a chat.

Events over the next few months

Climate Change, You Change Event for all the family

24th Saturday, 25th Sunday, 26th
Monday April
11am -3pm

3 day exhibition with **FREE** interactive activities & opportunity to meet with organisations

Information & practical tips

FREE water pack, stickers, food samples, **freebies &** adult prize draw

For more information contact Jane 01900 817421

Garden Volunteer Group

Every Monday (weather permitting) between
10.30-1pm

*Come along and get involved in all aspects of gardening,
an opportunity to make friends with like minded people*

Scrap Club

Every Friday 1-3pm
FREE

*Fancy creating fabulous items out of scrap materials?
Designed for you to explore your creativity with like minded people. Not a taught class*

Creative Sundays

Free art play for all the family



Enjoy family time and creative fun together with these **FREE** fun art sessions. Old clothes essential

Children must be accompanied by an adult
No unaccompanied adults are admitted

DATE: April 25th
TIME: Sunday 11-3pm

DATE: 16th May
TIME: Sunday 12-3

DATE: 20th June
TIME: Sunday 12-3



Book Swop/Coffee Mornings

Wednesday 10-12pm
April 14th
May 12th
June 9th

Come along for a coffee and chat

See our newsletters, website or facebook group for more details.



Templates:

The following template sheets are available free for private use to make your own wonderful creations and gifts. These ideas have been collected over time from a number of sources so please be aware of idea sharing and consider others if you are thinking of making items for profit.

We are always looking for new ideas to add to our collection and share with other like minded creative individuals and groups.

Many of the following crafts are suitable for all ages but may require adult supervision and occasional specialist equipment.

Where possible we have tried to find projects which use a high amount of left over resources and encourage recycling and hoarding of 'useful' items as much as possible.

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... more added soon

Giraffe Animal Sock Puppet

- An old sock – preferably tan and long
- 1 brown pipe cleaner
- 2 brown pompoms
- 2 googly eyes
- Brown and black paint
- Paint brush
- Glue gun
- Wire clippers



Do all your prep work before you start painting, because you'll be assembling most of this puppet on your hand, which will make it a little tricky to do other things.

Step 1: Cut pipe cleaner into 4 pieces. 2 pieces 1" inch long, 2 pieces 2" inches long. Bend longer pieces in half to form the ears. With glue gun, glue one end of the shorter pieces into centre of pompom. These are the giraffe horns.

Step 2: Get your paint and brush ready making sure it is slightly watery like acrylic paint. If you're using thicker paints, it will be much harder to sink into sock fibers.

Step 3: Put sock onto your hand with your fingers going into the toe of the sock and thumb going into the heel like this:



Step 4: Paint spots on the sock. They should be random, misshapen spots like on a real giraffe. For a realistic effect make spots smaller closer to the head. Then paint 2 black spots on the nose as shown in the photo.

Step 5: Glue googly eyes, pipe cleaner ears, and pompom horns onto the head. Just put a drop of the glue the size of a pea where you want the parts, and stick them on. I glued the ears into the fold of the sock, at the back of the puppet mouth.



Last Minute Gift Bags

I can buy gifts and I even put a lot of thought into what I am giving. The problem comes into play when it is 15 minutes before I have to give said gift to the intended. I have the gift, but am inevitably missing either the card or gift bag. Thank goodness I can use my scrap supplies to make cards, and recently discovered that I could also make my own gift bags.



The Supplies

- 2 sheets of matching 30x30cm patterned paper (great way to use up leftovers)
- 4 large eyelets
- Approximately 60cm of ribbon
- Glue stick or double-sided tape
- Chipboard
- A box (Any will do. You can even use a cereal box! It does not have to be empty, because it will only act as a form for your bag. The finished size and shape of your bag will be determined by the box size and shape.)

The Basic Bag

1. Lay one sheet of patterned paper face down on work surface.
2. Lay box on top of the face-down paper so that there is enough paper on each side and at the bottom to “wrap” at least half way up the side of the box.
3. Fold bottom portion of the paper around bottom of the box folding the sides on the diagonal, like wrapping a present.
4. Fold the sides of the paper around the sides of the box.
5. Apply adhesive along bottom edge and each side of the second piece of paper.
6. Turn box over and follow the same steps with the second piece of paper. The adhesive that you applied in step 5 will hold the bag together.
7. Remove box from the newly formed bag. At this point I often re-crease the folds to make the bag more square.
8. Fold the top opening of the bag inward. This will reinforce the top of the bag, so that your handles do not rip out.



Finishing Touches

1. Each side of the bag will now need 2 large eyelets. Set the eyelets in from the sides of the bag approximately 1-2 inches.
2. Thread a length of ribbon approximately 12 inches long through the eyelets on each side, tying a knot at each end so that the knots are on the inside of the bag.
3. Cut a piece of chipboard to fit the bottom of the bag. This will provide more strength and stability to your bag.



Button bracelet

Materials:

- 5 buttons
- 60cm x 1mm cotton cord (the cord should fit twice in one button hole)
- a drop of glue



1. Fold the cotton cord in two halves. Tie an overhand knot 2cm from the fold to make a loop. The loop should fit tightly over a button.
2. Pass one of the two cord ends through one hole of the first button and pass it back through the second hole. Repeat this with the other cord end from the other side of the same button. The button is now fixed between two cords. Tie an overhand knot. The distance between two knots should be about 3.5cm.
3. Repeat step 2 three more times.
4. Pass one of the two cord ends through one hole of the first button and pass it back through the second hole. Tie the two cord ends in a square knot right under the second hole of the button as shown on the picture below. The distance between the last overhand knot and the button should be about 2cm.



Wish Bracelet

Take 3 pieces of hemp long enough to fit around your wrist and tie; around 10inches.

Braid about half of your wrist length. Then, while braiding, put beads on every other string you pick up.

Once the beads are on, braid the rest of the way down and tie a knot. Before tying the bracelet on your wrist, make a wish!

Then TIE the bracelet on your wrist. NEVER take it off. When it falls off on its own, your wish will come true!



Plantable Homemade Paper

Good Paper sources:

Unprinted computer paper
Newspaper (usually printed with soy inks-will cause grayish colour)
Magazines (avoid high-gloss)
Egg Cartons/ Toilet Paper/ Paper Bags
Office Paper/Junk Mail
Tissue Paper/ Napkins/ Phone Book Pages

Other Supplies:

Blender or food processor
Sponge
Wooden or Plastic Frame (old picture frames work well)
Net curtain
Staples or tacks (for tacking netting to frame)
Plastic basin (large enough to immerse frame in)
Turkey-baster
Several squares of white felt
flannel or old dishtowels (larger than frame)
newspapers (for stacking paper on to dry)



Directions:

1. Tear Paper into small pieces or shred and place in blender (to half full). Blend with warm water for about 60 seconds on low to medium speed. Continue increasing speed until pulp appears smooth.
2. Make a mold by tightly tacking netting onto a frame of the desired size.
3. Fill basin $\frac{1}{2}$ full of water and pour in pulp. Add at least 3 blender loads of paper. Add in flower or vegetable seeds. Small flat seeds like forget-me-not, hollyhock, chilli pepper and tomato works wonderfully. Stir the mixture.
4. Slip frame into basin, gently moving from side to side to get pulp to the top of the frame level and desired thickness. Let the layer of pulp settle and slowly lift frame up so it is above water level. Let it drain for a moment and check to see if it is level. Fill turkey-baster with pulp from the basin and fill in uneven spots or gaps.
5. After removing frame from water, let it drain. When it stops dripping, carefully lay frame onto a fabric square or old dishcloth. Use sponge to press out as much water as possible.
6. Holding the fabric square flat, slowly lift and remove frame. The wet paper should remain on the fabric. If the paper sticks to the screen, you may have pulled too fast or not pressed enough water out of the paper. Once you successfully remove the frame, gently smooth out any noticeable air bubbles or rough edges.
7. Keep repeating steps 4-6 and stack the fabric squares. When finished, place a piece of cardboard on top of the last piece and use bricks to press out remaining water in the stack.
8. Gently separate sheets and dry them on a clothesline for 12-24 hours. When dry, gently separate paper from fabric squares (or dish towels).

For great gifts, use cookie cutters or stencils to trace shapes. Cut them out and attach a ribbon for thoughtful gifts that last beyond the holiday season. Other uses for home made paper include scrapbooks, stationary and note cards, journal or photo album covers, lampshades, etc.

Don't Forget the Instructions for Planting

Tear off bits of paper containing seed and plant directly in the ground-the paper will compost naturally. To pre-sprout seeds, place dampened paper into a plastic bag and check that paper remains moist. Keep the bag at appropriate temperature until seeds sprout and transplant into pots or directly into the garden.

Facilities at The Settlement

Contact & Find us?



The Settlement offers office space for hire, a multi-media room and conference facilities. Additionally we have a dedicated arts barn with kiln, artist studio space and facilities for artists to exhibit their work

**The Settlement, High Street, Maryport,
Cumbria, CA15 6DS
Tel: 01900 81742
Email: donaldson0@btinternet.com**

Directions:
Travelling along the A596 into Maryport, turn into Senhouse Street which is one way
Follow Senhouse Street up to the brow of the hill, then turn left into High Street.

Get involved

During 2009 we secured funding to spend six months developing our volunteer support strategy and expanded our dedicated team of volunteers with new roles, procedures and support structures.

We now have a regular garden group who meet and a core group of Arts volunteers to assist with our numerous projects and events.

In addition we have a Resource volunteer who looks after our scrap scheme and a scrap club for our volunteers to share ideas.

Each volunteer now has individual development records and support to gain the most of their volunteering time with us.

